

Sakura Sparassis Crispa

Improve immunity

"β- glucan"

Sparassis crispa has the highest content

What is Sparassis crispa ?

Rare and valuable medicinal and edible mushrooms. There is only one family and one genus and two types found in the whole world. There is only one in Japan. It is even rarer in China and Korea, where it is known as the "Dream Magic Mushroom". Studies have shown that Sparassis crispa contains a large amount of β(1-3)D-glucan, which is several times higher than other fungi.

What is SAKURA sparassis crispa ® ?

Sakura Sparassis crispa, is considered to be the "Sparassis crispa" with the best immune function. Under the strict management of safety, the world's first mass production has been successfully achieved by using safe and pesticide-free green hydroponics technology. In order to obtain the honor of the best quality in Japan, the most advanced drying method in Japan is used, and the extraction technology that does not destroy the β(1→3)D-glucan component is used, and it is carefully processed. Therefore, the active ingredients extracted from "Sakura Sparassis crispa" are the best quality in Japan.

When entering the Sparassis crispa market

With the ideal of contributing to society, enter and develop the healthy fungus market. In order to increase the popularity of "Sparassis crispa", the trademark registration of "Sakura Hydrangea" was carried out with the concept of high quality and affordable price. In order to prevent difficult diseases, reduce stress, and solve aging problems, we are willing to help.

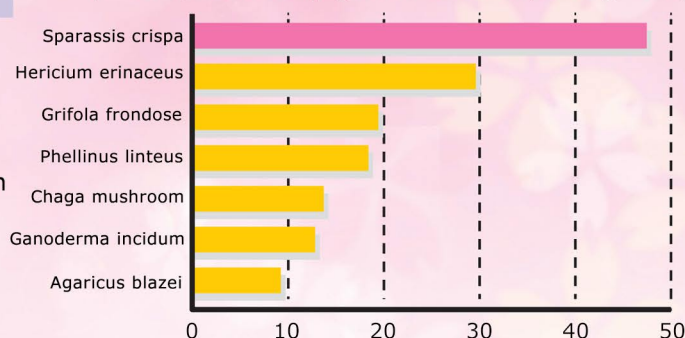
What ingredients are contained in Sparassis crispa ?

The representative active ingredient contained in mushrooms is "β-glucan". This ingredient is considered to be effective in improving immunity and maintaining health and has received attention. Sparassis crispa has the highest content and is known as the "King of Mushrooms". In addition, hydrangea is rich in various active ingredients and various amino acids essential to the human body, such as glutamic acid and aspartic acid, dietary fiber, phosphorus, etc., and it is indeed a department store for healthy ingredients.

Component content of sparassis crispa and shiitake mushrooms (/100g)

Content	Sparassis crispa	Shiitake mushrooms(dried)
Dietary fiber	57g	42g
Phosphorus	451mg	270g
Ergosterol	353mg	-

β- Comparison of β-glucan content (unit: g/100g)



The prerequisite material that can only be ingested in mushrooms Vitamin D2 can promote the absorption of calcium and effectively prevent osteoporosis.

Content of Amino Acid components in sparassis crispa and shiitake mushrooms (mg/100g)

Amino Acid	Sparassis crispa	Shiitake mushrooms(dried)	Effect
Aspartic Acid	1220	340	Dispose of old waste substances in the body, promote liver function, recover from fatigue, etc.
Serine	530	160	Helps maintain the immune system, beautifies the face, calms the mind relieves pain, etc.
Glutamic Acid	1440	570	Flavor enhancer, improve and maintain brain function.
Glycine	490	90	Promotes skin regeneration(raw material for collagen production), promotes liver function, helps sleep.
Isoleucine	390	120	Repairs muscle, controls blood sugar, and provides energy to body tissue.
Leucine	770	200	Improve liver function, dilate blood vessels, promote thyroid hormone secretion.
Phenylalanine	430	110	Improve liver function, repair body tissue, improve concentration.
Lysine	500	160	Promote human development, enhance immune function, and improve central nervous system function.
Histidine	190	43	Essential amino acid for patients with uremia, has a strong vasodilation effect.
Arginine	480	210	Enhance sexual function, relieve chronic joint rheumatism, reduce mental stress.
Proline	370	80	Promote the secretion of cell layered fluid, strengthen brain function, and burn fat.

Sakura Sparassis Crispa® best quality · most content (1pack/1800mg)

Surprising effects ! Multiple research institutes published paper on "improving immunity", "lowering blood sugar level" and "controlling body fat accumulation" based on sparassis crispa contains a large amount of $\beta(1\rightarrow3)D$ -glucan



Safe & Secure

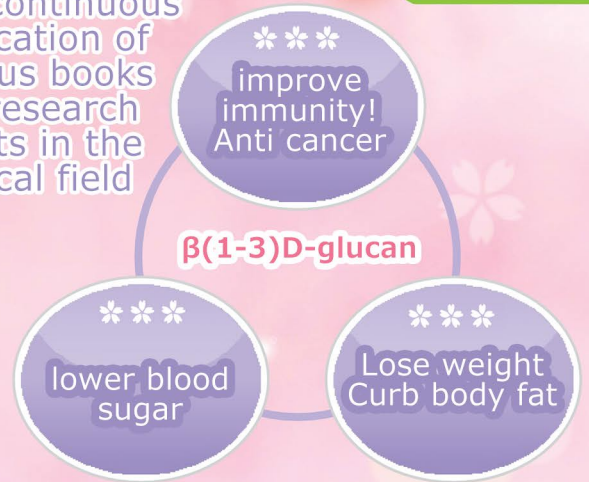
Sparassis crispa related Books



Published by Sangokan

Published by Tokyo Igakusha

Higher expectations for sparassis crispa and continuous publication of various books and research results in the medical field



$\beta(1-3)D$ -glucan

improve immunity!
Anti cancer

lower blood sugar

Lose weight
Curb body fat

Sparassis crispa related research institutions

- University of Tokyo (immune function, etc.)
- Mie University (production and structural analysis of active substances)
- Aichi Gakuin University (Human OGTT experiment of blood glucose level)
- Suzuka University of Medical Sciences (Mouse OGTT test of blood glucose level)
- Mukogawa Women's University (Cerebral thrombosis preventive effect test, whitening effect test)
- Nagoya Women's University (Slimming effect experiment)

Examples of research publications

- The 127th Annual Meeting of the Japanese Medicine Society**
 - Effect of ultrafine powder of parassis crispa on lowering blood sugar in diabetic rats
- The 128th Annual Meeting of the Japanese Medicine Society**
 - Analysis of sparassis crispa's blood pressure raising function
- The 129th Annual Meeting of the Japanese Medicine Society**
 - Effect of sparassis crispa on improving cerebral vascular endothelial function in the pathogenesis of cerebral thrombosis
 - The effect of sparassis crispa extract essence on melanin production
- The 57th Annual Meeting of the Japanese Society of Constitutional Medicine**
 - About sugar tolerance and influence of sparassis crispa
- Volume 22 Toho Medical Presentation**
 - Effect of sparassis crispa on blood sugar and insulin
- 2009 Annual Meeting of the Japan Society for Bioscience, Biotechnology and Agrochemistry**
 - Effect of sparassis scripsa on inhibiting body fat accumulation

Product info

Check it out! Cellular new generation cycle is 3 months to promote health, first use 3 months.



SAKURA
Sparassis Crispa
3Box/Set
JPY32,400
(tax included)



SAKURA
Sparassis Crispa
30packs/box
JPY12,960
(tax included)